

# fashion travel

## Ibiza

Ibiza may be party central, but its many rustic charms also made it the perfect soothing backdrop for November *Vogue*'s spa special. By Anna-Marie Solowij



### Where to stay

#### Atzaró, Sant Joan

We loved the Moroccan-style rooms in this century-old finca (*above*). It also has a spa, gym, restaurants, chic boutique and an art lounge – hosting exhibitions, films, fashion events and parties that island-dwellers clamour to attend. While the *Vogue* team was there, Jose Padilla, of Café del Mar fame, and Jonathan Sa Trinxà, one of the original Balearic DJs, were in residence. From 150 per double room per night with breakfast ([Atzaro.com](http://Atzaro.com)). **Private house hire:** Contact Rachel Parsons (+34 639 17 00 03). This former London fashion PR is well connected (she did *Vogue*'s shoot production) and can organise everything from boat hire to private catering and shopping trips.

### SPA TRIPS

Open to day visitors as well as hotel guests, Atzaró spa and gym is housed in a cluster of white stucco casitas, punctuated by water gardens, a lap pool and pretty borders of lavender and jasmine. Canopied beds piled with cushions provide an excuse to take things easy after a treatment. I particularly recommend the holistic treatments, from cranio-sacral therapy to Reiki – all in the hands of expert therapists.



### How to get there

*Vogue* flew with Easyjet from Stansted airport to Ibiza, [Easyjet.com](http://Easyjet.com).



### WHERE TO SHOP

- **LAS DALIAS MARKET** started as a roadside bar and dance hall for the locals of San Carlos in 1954. Now, it's known for its parties, live music (Oasis, the Rolling Stones and flamenco guitarist Paco Fernández have played here) and the markets which are good for ethnic buys such as kaftans, jewellery and basketware.
- **ATZAROBOUTIQUE** for silk kaftans, jewellery, bags and sandals ([Atzaro.com](http://Atzaro.com)).

Espadrilles and baskets are great island buys



### WHERE TO EAT

- **LA PALOMA**, San Lorenzo (*right*). *Vogue*'s team ate under the stars in the garden. At the next table? Sienna Miller, Jade Jagger and John Frieda (+34 971 32 55 43).
- **CARDAMOM CATERING** For at-home dining, catered beach barbecues or house parties. Navine and Craig, who run the business, also have the Cardamom Club Indian restaurant in Santa Eulalia, housed in a beautiful old finca (+34 971 33 63 27).
- **IMMER BLAU BAR/RESTAURANT**, Playa Niu Blau, near Santa Eulalia, for great beach snacks (+34 971 33 20 13).



### Beauty tips:

**Kata** was trained by Trevor Sorbie and worked for Sassoon and Toni & Guy in Miami but is now Ibiza's best hairstylist (+34 676 93 58 08).

### Alternative Ibiza

Book in for one of psychologist and hypnotherapist Ilona Pantel-Ayal's Detox retreats at her home in the hills (*above*), and enjoy yoga, massage and a guided fast ([Buddha-house-ibiza.com](http://Buddha-house-ibiza.com); +34 606 967 0 97). Keep up your fitness at Lily Pod's yoga and Pilates classes at Atzaró ([Lilypodmovementtherapy.com](http://Lilypodmovementtherapy.com); +34 648 63 84 82).